

SNOWY BATH BOMBS

Missing somebody's present on your Christmas list? Or have you sorted everybody's gifts in advance and now you are looking for some nice relaxing time for yourself? Look no further - in this post I'm sharing how to make your own personalised homemade bath bombs.

These bombs have a wonderfully seasonal frosty effect and you can personalise them with any colour and fragrance you like.

Ready to treat yourself (or your loved ones) with these irresistible bath bombs? Let's start!

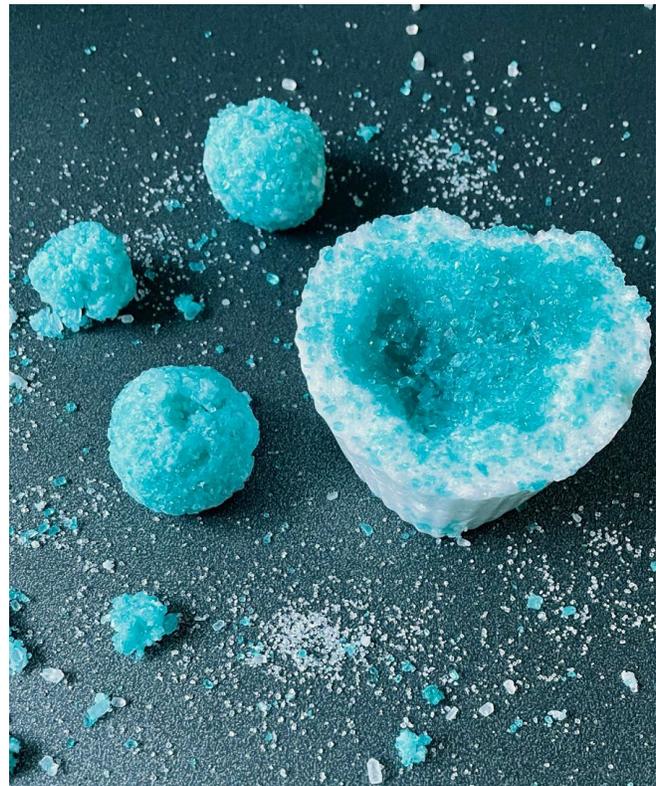
What you need:

- 80g Bicarbonate of soda
- 30g +20g Epsom salts
- 30g Citric acid
- 30g Cornstarch
- 3 tbsp Coconut oil
- Essential oil*
- Soap dye (optional)
- Silicon moulds (optional)

*Do not use any essential oil or fragrance if you have allergies or are pregnant.

Instructions

1. Mix the bicarbonate of soda, 30g of epsom salt, citric acid, and cornstarch in a bowl.
2. Add the coconut oil to the bowl, better if it's already melted, it will be easier to stir everything together and make a soft workable mix.
3. Add some drops of your favourite essential oil (I love lavender and bergamot oils)



Wen.

4. Then add just 2-3 drops of soap dye. For this tutorial I've chosen a teal colour to get a "frosty" effect, but you can choose any colour you like and maybe match the colour to the essential oil (yellow for lemon, green for peppermint, purple for lavender).
5. Place your mixture into your mould and press it gently to the bottom and the sides to cover the mould completely, but leave a hollow in the centre. If you don't have a mould just take a piece of the mix and roll it into your hands to create some small (snow)balls.
6. In a separate container mix 20g of epsom salt with some soap dye and some drops of coconut oil.
7. Add the coloured epsom salts to the centre of your mould or roll the (snow)balls in the coloured epsom salts to cover the surface and add some sparkling crystals to your bath bombs.
8. Place your bath bombs into the fridge for about 2 hours or until they are completely firm.
9. DONE!

You can use your homemade bath bomb in hot water every time you need a regenerative or relaxing bath. Enjoy your personal Christmassy spa!

Wen.