

ENVIRONMENSTRUAL COALITION – PRODUCT COMPOSITION

BRANDS AND PRODUCTS	PRODUCT COMPOSITION	COUNTRY OF MANUFACTURE
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ALBANY MAE		
- tampons	Tampons are made with organic cotton, free of chlorine, rayon and fragrances Wrapped in a PP Foil	-
BLOOM AND NORA		
- Bloomers Mini	- Surface - 1 layer of Bamboo fleece - Core - 2 Layers of Polyester microfibre - Soft waterproof exterior made with 100% recycled plastic bottle waste	Made in Great Britain
- Bloomers Midi	- Surface - 1 layer of Bamboo fleece - Core - 2 Layers of Polyester microfibre - Soft waterproof exterior made with 100% recycled plastic bottle waste	Made in Great Britain
- Bloomers Maxi	- Surface - 1 layer of Bamboo fleece - Core - 2 Layers of Polyester microfibre - Soft waterproof exterior made with 100% recycled plastic bottle waste	Made in Great Britain
- Bloomers Mighty	- Surface - 1 layer of Bamboo fleece - Core - 2 Layers of Polyester microfibre - Soft waterproof exterior made with 100% recycled plastic bottle waste	Made in Great Britain

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BRANDS AND PRODUCTS	PRODUCT COMPOSITION	COUNTRY OF MANUFACTURE
- Nora Mini	- Stay dry interior (no more information) - Soft waterproof exterior (100% recycled plastic waste to make the waterproof PUL)	Made in Great Britain
- Nora midi	- Stay dry interior (no more information) - Soft waterproof exterior (100% recycled plastic waste to make the waterproof PUL)	Made in Great Britain
- Nora Maxi	- Stay dry interior (no more information) - Soft waterproof exterior (100% recycled plastic waste to make the waterproof PUL)	Made in Great Britain
- Nora Mighty	- Stay dry interior (no more information) - Soft waterproof exterior (100% recycled plastic waste to make the waterproof PUL)	Made in Great Britain
CHARLIE BANANA		<i>Information collected with the help of our partner</i>
- reusable pads	Materials / Ingredients = Shell-Face: 100% Polyester, Back: Polyurethane / Lining: 100% Polyester / Inner layer: 88% Biconstituent Fiber (80% Polyester 20% Nylon) 12% Polyester Free of perfumes, parabens, lotions, latex, BPA, and phthalates.	Our products are made in China

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DAME	<i>Information collected with the help of our partner</i>	
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- tampons	100% natural organic cotton Tampon boxes are made from recycled sources and are 100% recyclable each DAME organic tampon is wrapped in a thin plastic film	-
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- reusable applicator	Made of Mediprene + Antibacterial Sani Polymers inside the Mediprene	built in the UK
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THE DIVA-CUP	<i>Information collected with the help of our partner</i>	
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- cups	Medical grade silicone (Latex, BPA, plastic, dye and chemical free) The DivaCup's packaging and User Guide is 100% recyclable and is printed using water and vegetable-based inks The DivaCup's packaging is sustainably sourced and holds a Sustainable Forestry Initiative certified sourcing Storage pouch made from 100% organic cotton.	Made in Canada
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EARTHWISE GIRLS		
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- Earthwise reusable pads	- microfleece top layer - absorbent microfibre in the core - a printed PUL backing layer	-
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ECO-FEMME		
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BRANDS AND PRODUCTS	PRODUCT COMPOSITION	COUNTRY OF MANUFACTURE
- Pads	<ul style="list-style-type: none"> - The top of the pad is made of soft flannel cotton. - The inside of the pad is made of ultra-absorbent cotton flannel (the number of layers differs according to the pad model). - The back of the pad is made with a PUL (polyurethane laminate) leakproof layer - 'pantyliner pack without PUL' is our option without PUL 	-
FLO <i>Information collected with the help of our partner</i>		
- Bamboo pads	<ul style="list-style-type: none"> - bamboo - wrapped in zero-plastic plant-based bio wrappers 	-
- Tampons with applicators	<p>Applicator Material: Sugarcane biopolymer applicator (95% plant-based, 0% petroleum plastic)</p> <p>Wrapper Material: BPA-free recyclable plastic (biodegradable Natureflex June 2020)</p> <p>Ingredients: Organic cotton</p>	- Product of the UK
- Tampons without applicators	<p>Wrapper Material: Natureflex biodegradable plant cellulose</p> <p>Ingredients: Organic cotton</p>	- Product of the UK
- Bamboo liner	<ul style="list-style-type: none"> - bamboo - wrapped in zero-plastic plant-based bio wrappers 	-
FLUX UNDIES		

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BRANDS AND PRODUCTS	PRODUCT COMPOSITION	COUNTRY OF MANUFACTURE
- Boy Brief, heavy days	Inner: 95% Modal 5% Elastane, Waistband: 100% Polyester, Gusset: Absorbent blend, Breathable PUL	60% of our undies are manufactured in China and 40% are made in the UK
- Classic Bikini, heavy days	Inner and Outer: 95% TENCEL Modal 5% Elastane, Trim: 100% Polyester, Gusset: Absorbent blend, Breathable PUL	60% of our undies are manufactured in China and 40% are made in the UK
- Hi-Waist, heavy days	Inner: 95% TENCEL Modal 5% Elastane, Outer: 92% Nylon 8% Lycra, Trim and sides: 100% Polyester, Gusset: Absorbent blend, Breathable PUL	60% of our undies are manufactured in China and 40% are made in the UK
- Detachable, heavy days	Inner and Outer: 95% Modal 5% Elastane, Trim: 100% Polyester, Gusset: Absorbent blend, breathable PUL	60% of our undies are manufactured in China and 40% are made in the UK
- Hi-Waist, Light to Moderate absorbency	Inner: 95% Modal 5% Elastane Outer: 92% Nylon 8% Lycra Trim and sides: 100% Polyester, Gusset: Cotton, Breathable PUL	60% of our undies are manufactured in China and 40% are made in the UK
- Boy Brief, Light to	Inner and Outer: 95% Modal 5% Elastane Waistband: 100% Polyester, Gusset: Cotton, Breathable PUL	60% of our undies are manufactured in China and 40% are made in the UK

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BRANDS AND PRODUCTS	PRODUCT COMPOSITION	COUNTRY OF MANUFACTURE
Moderate absorbency		
- Detachable, Wear on lighter days	Inner and Outer: 95% Modal 5% Elastane, Trim: 100% Polyester, Gusset: 100% cotton, breathable PUL	60% of our undies are manufactured in China and 40% are made in the UK
- Bikini, Wear on Light to Moderate days	Inner: 95% Modal 5% Elastane, Outer: 95% Modal 5% Elastane, Trim: 100% Polyester, Gusset: Cotton, Breathable PUL	60% of our undies are manufactured in China and 40% are made in the UK
GRACE AND GREEN		
- Organic Cotton Liners	Plant-based waterproof backing organic cotton topcoat & core Edge to edge natural adhesive Individually wrapped in biodegradable purse packs	-
- Organic Applicator Tampons	100% certified organic cotton core a biodegradable cardboard applicator 100% organic, woven cord, not glued	-

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BRANDS AND PRODUCTS	PRODUCT COMPOSITION	COUNTRY OF MANUFACTURE
- Organic Cotton Non-Applicator Tampons	100% certified organic cotton 100% organic, woven cord, not glued	-
- Organic Cotton Pads	Plant based waterproof backing organic cotton topcoat & core Edge to edge natural adhesive	-
HEY GIRLS		
- reusable period pads	Made from 2 layers of micro-fibre bamboo High performing fabric to prevent leaks: made of coated pure bamboo terry fabric	Hey Girls products are manufactured in the People's Republic of China and the EU
- period pants	cotton undies no PFAS, PUL	Hey Girls products are manufactured in the People's Republic of China and the EU
- menstrual cup	100% medical grade silicone, Latex, Phthalate, BPA and Dioxin free	Hey Girls products are manufactured in the People's Republic of China and the EU

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BRANDS AND PRODUCTS	PRODUCT COMPOSITION	COUNTRY OF MANUFACTURE
- daytime period pads	Natural bamboo and corn fibre, Chlorine and Dioxin bleach free Recyclable cardboard packaging	Hey Girls products are manufactured in the People's Republic of China and the EU
- my period daytime period pads	100 % Organic cotton, Chlorine and Dioxin bleach free Recyclable cardboard packaging Plastic free	Hey Girls products are manufactured in the People's Republic of China and the EU
- overnight period pads	Natural bamboo and corn fibre, Chlorine and Dioxin bleach free Recyclable cardboard packaging Plastic free	Hey Girls products are manufactured in the People's Republic of China and the EU
- organic tampons	100% certified organic cotton, Organic cotton cord Recyclable box Plastic free wrapper	Hey Girls products are manufactured in the People's Republic of China and the EU
- applicator tampons	100% certified organic cotton, Organic cotton cord Bio-based sugar cane compact applicator Plastic free wrapper Recyclable cardboard packaging	Hey Girls products are manufactured in the People's Republic of China and the EU
HONOUR YOUR FLOW		

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BRANDS AND PRODUCTS	PRODUCT COMPOSITION	COUNTRY OF MANUFACTURE
- reusable pads	Our pads are made from organic cotton top and inner layers, and the wool we use is USA produced GOTS certified organic. Wool backed pads and PUL backed pads (PUL = PolyUrethane Laminated onto polyester)	-
FIALUNA		<i>Information collected with the help of our partner</i>
- cup	100% Medical-Healthcare Grade Class VI Silicone, BPA, phthalate, latex and dye-free Our cups come with a 100% organic cotton storage pouch and completely plastic-free packaging	Made in the USA
- Mini Pad - Single - Cloth Reusable Pantyliner	Top layer (next to skin) and absorbent layer (middle) : 100% GOTS certified organic cotton jersey Base layer and wings : 80% Organic Cotton, 12% Polyurethane (PUL), 8% Lycra (Spandex/Elastane), 100% Free of PFAS & PFOA	Made in the UK
- Interlabial Pads	Made from 2 layers of 100% GOTS certified organic cotton	Made in the UK
INTIMINA		
- cup	100% medical grade silicone	-
LUNETTE		
- cup	medical grade silicon which is BPA and chemical free	-

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BRANDS AND PRODUCTS	PRODUCT COMPOSITION	COUNTRY OF MANUFACTURE
MODIBODI		
- period underwear	Outer - Bamboo & Spandex / Polyester Spandex/Polyester / Polyamide Elastane / Cotton Lycra Liner - Merino, Spandex & Polyester Trim - Polyester & Nylon / Polyamide Lycra / Polyurethane / Nylon	designed in Australia, "produced offshore"
- vegan option	Outer - Bamboo & Spandex Liner - Polyester Spandex & Polyester Trim - Polyester & Nylon	designed in Australia, "produced offshore"
- swimwear	Outer - Polyamide Lycra Liner - Polyester & Nylon Trim - Polyamide Lycra	designed in Australia, "produced offshore"
MONDAYS		
- period pads	Organic Cotton Upper Core FSC Registered Pulp Lower Core Protective Wings Individually wrapped in compostable Mater-Bi® (is a versatile and innovative material created by NOVAMONT whose properties and characteristics of use are very similar to those of traditional plastics, but at the same time, they are biodegradable and compostable according to the European standard UNI EN 13432. The essential components used for the production of Mater-Bi® are	Made in Italy

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BRANDS AND PRODUCTS	PRODUCT COMPOSITION	COUNTRY OF MANUFACTURE
	non-genetically modified corn starch and vegetable oils that are cultivated in Europe using conventional agricultural practices.)	
- tampons	100% Organic Cotton Core 100% Organic Cotton String Cardboard Applicator with soft rounded tip Individually wrapped in Paper	Made in Germany
- panty liners	100% Organic Cotton Individually wrapped in compostable Mater-Bi®	Made in Italy
MOONCUP <i>Information collected with the help of our partner</i>		
- cup	made of platinum cured medical grade silicone, is latex-free, no dyes, BPA, phthalates, plastic, bleaches or toxins Your Mooncup's storage bag has been made from unbleached organic cotton by a Fairtrade Foundation accredited business. All our packaging and promotional materials are produced by the UK's leading environmental printer who work to the internationally recognised ISO quality and environmental management standards. Usage instructions printed on 100% recycled paper	manufactured in the UK
NATRACARE <i>Information collected with the help of our partner</i>		

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BRANDS AND PRODUCTS	PRODUCT COMPOSITION	COUNTRY OF MANUFACTURE
- Regular Organic Cotton Tampons with Applicator	100% certified organic tampons with cardboard applicator, Plastic and Chlorine free, No Perfume, Rayon or Dyes, GMO Free, no dioxin or pesticide residues, 100% organic cotton including the string, the veil and the core paper wrapper / Packaging: Recycled cardboard printed with vegetable-based ink	Manufactured in Europe
- Super Organic Cotton Tampons with Applicator	100% certified organic tampons with cardboard applicator, Plastic and Chlorine free, No Perfume, Rayon or Dyes, GMO Free, no dioxin or pesticide residues 100% organic cotton including the string, the veil and the core paper wrapper / Packaging: Recycled cardboard printed with vegetable-based ink	Manufactured in Europe
- Regular Non-Applicator Organic Cotton Tampons	100% certified organic cotton, No Rayon, Plastics, Perfumes or Dyes, Chlorine Free, No dioxin or pesticide residues, GMO free 100% organic cotton including the string, the veil and the core Wrapper: BPA-free widely recycled plastic / Packaging: Recycled cardboard printed with vegetable-based ink	Manufactured in Europe
- Super Non-Applicator Organic Cotton Tampons	100% certified organic cotton, No Rayon, Plastics, Perfumes or Dyes, Chlorine Free, No dioxin or pesticide residues, GMO free 100% organic cotton including the string, the veil and the core	Manufactured in Europe

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	Wrapper: BPA-free widely recycled plastic/ Packaging: Recycled cardboard printed with vegetable-based ink	
Super Plus Non-Applicator Organic Cotton Tampons	100% certified organic cotton, No Rayon, Plastics, Perfumes or Dyes, Chlorine Free, No dioxin or pesticide residues, GMO free 100% organic cotton including the string, the veil and the core Wrapper: BPA-free widely recycled plastic/ Packaging: Recycled cardboard printed with vegetable-based ink	Manufactured in Europe
- Ultra Regular Period Pads	Pad: Certified organic cotton, ecologically certified cellulose pulp, plant starch, non-toxic glue Wrapper: Paper peel strip, paper pocket / Packaging: Recycled cardboard printed with vegetable-based ink	Manufactured in Europe
- Ultra Super Period Pads	Certified organic cotton, ecologically certified cellulose pulp, plant starch, non-toxic glue Wrapper: Paper peel strip, paper pocket / Packaging: Recycled cardboard printed with vegetable-based ink	Manufactured in Europe
- Ultra Super Plus Period Pads	Certified organic cotton, ecologically certified cellulose pulp, plant starch, non-toxic glue	Manufactured in Europe

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	Wrapper: Paper peel strip, paper pocket / Packaging: Recycled cardboard printed with vegetable-based ink	
- Ultra Long Period Pads	Certified organic cotton, ecologically certified cellulose pulp, plant starch, non-toxic glue Wrapper: Paper peel strip, paper pocket / Packaging: Recycled cardboard printed with vegetable-based ink	Manufactured in Europe
- Ultra Extra Normal Period Pads	Certified organic cotton, ecologically certified cellulose pulp, compostable plant-starch, non-toxic glue Wrapper: Plant-starch / Packaging: Recycled cardboard printed with vegetable-based ink	Manufactured in Europe
- Ultra Extra Super Period Pads	Certified organic cotton, ecologically certified cellulose pulp, compostable plant-starch, non-toxic glue Wrapper: Plant-starch / Packaging: Recycled cardboard printed with vegetable-based ink	Manufactured in Europe
- Ultra Extra Long Period Pads	Certified organic cotton, ecologically certified cellulose pulp, compostable plant-starch, non-toxic glue Wrapper: Plant-starch / Packaging: Recycled cardboard printed with vegetable-based ink	Manufactured in Europe

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BRANDS AND PRODUCTS	PRODUCT COMPOSITION	COUNTRY OF MANUFACTURE
- Regular Natural Maxi Pads	Ingredients: Certified organic cotton, ecologically certified cellulose pulp, plant starch, non-toxic glue Packaging: Home compostable plant-based bag	Manufactured in Europe
- Super Natural Maxi Pads	Certified organic cotton, ecologically certified cellulose pulp, plant starch, non-toxic glue Packaging: Home compostable plant-based bag	Manufactured in Europe
- Night Time Natural Maxi Pads	Certified organic cotton, ecologically certified cellulose pulp, plant starch, non-toxic glue Packaging: Home compostable plant-based bag	Manufactured in Europe
NIXIT		
- cup	100% medical grade BPA-free silicone	made in Canada
OHNE		
- organic naked tampons	100% organic cotton, no chemical additives, fragrance, dyes, chlorine bleach, residues of pesticides or herbicides wrapped in a hypoallergenic, recyclable plastic	ohne products are made in europe and packed in the uk
- organic applicator tampons	100% organic cotton, no chemical additives, fragrance, dyes, chlorine bleach, residues of pesticides or herbicides recyclable cardboard tampon applicator made from recycled card wrapped in a hypoallergenic, recyclable plastic	ohne products are made in europe and packed in the uk

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ORGANICUP <i>Information collected with the help of our partner</i>		
- cup	<p>Made from 100% medical-grade silicone. BPA, latex and dye free.</p> <p>The storage cotton bag is made from organic cotton</p> <p>All packaging is made from recyclable carton</p> <p>Instructions have been printed directly on the inside of the packaging to eliminate additional waste</p> <p>Plastic free shipping</p>	<p>The medical grade silicone used in OrganiCup is made in the US and the cup is produced in China</p>
PRECIOUS STARS		
- pantyliners sparkle range	<p>"high quality materials"</p> <p>No more information</p>	<p>manufactured in the UK</p>
- pantyliners budget range	<p>Top: Absorbent fleece</p> <p>Inner core: Microfiber terry</p> <p>Backing: PUL</p>	<p>-</p>

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BRANDS AND PRODUCTS	PRODUCT COMPOSITION	COUNTRY OF MANUFACTURE
- moderate pads sparkle range	"high quality materials" Layer of PUL No more information	manufactured in the UK
- moderate pads budget range	Top: Absorbent fleece Inner core: Microfiber terry Backing: PUL	-
- heavy pads	"high quality materials" Layer of PUL No more information	manufactured in the UK
- overnight pads	Top: Absorbent fleece Inner core: Microfiber terry Backing: PUL	-
PROUDPADS		
- pad	Fleece insert made from bamboo charcoal fleece Liner made from breathable waterproof fabric and bamboo charcoal fleece Waterproof outer layer Magnets to fasten layers together	-
RUBYCUP		
- cup	100% medical grade silicone	Designed in Barcelona

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		Made in China Packaged in England
SELENA CARE		
- cups	medical-grade silicone, latex-free	Austrian product
- Period Underwear Classic	1st layer (innermost): 94% polyester, 6% elastane 2nd layer: 95% cotton, 5% elastane 3rd layer: polyester with polyurethane coating 4th layer (outermost): 78% nylon, 22% elastane lace : 90% nylon, 10% elastane	-
- Period Underwear Active	1st layer (innermost layer): 94% polyester, 6% elastane - 2nd layer: Super absorbent, odor prevention & antibacterial protection 95% cotton, 5% elastane 3rd layer: Breathable, moisture proof layer (polyester with polyurethane coating) - 4th layer (outermost): Skin-friendly fabric (95% cotton, 5% elastane) Waistband: 84% nylon, 16% elastane	-
- Period Underwear Hipster	1st layer (innermost): 94% polyester, 6% elastane 2nd layer: 95% cotton, 5% elastane 3rd layer: polyester with polyurethane coating 4th layer (outermost): 86% nylon, 14% elastane Lace: 90% nylon, 10% elastane	-
- washable pad	1. Initial layer: Wicking properties, odor prevention & antibacterial protection (94% polyester, 6% elastane) 2. Layer: Super absorbent, odor prevention & antibacterial protection (95% cotton, 5% elastane) 3. Layer: Moisture proof & breathable layer	-

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	(polyester with polyurethane layer) 4. Outer layer: Skin-friendly fabric (100% cotton)	
TOTM		
- Light Applicator Tampons	Organic cotton absorbent core, Organic cotton veil to prevent fibre shedding, No fragrance, rayon or chlorine bleach Biodegradable cardboard applicator Packaging: Tampons individually wrapped in paper, packed in a cardboard box, Mailing bag made with plant-based ingredients	-
- Medium Applicator Tampons	Tampon:Organic cotton absorbent core, Organic cotton veil to prevent fibre shedding, No fragrance, rayon or chlorine bleach Applicator: Biodegradable cardboard applicator Packaging: Tampons individually wrapped in paper, Packed in a cardboard box, Mailing bag made with plant-based ingredients	-
- Super Applicator Tampons	Tampon:Organic cotton absorbent core, Organic cotton veil to prevent fibre shedding, No fragrance, rayon or chlorine bleach Applicator: Biodegradable cardboard applicator Packaging: Tampons individually wrapped in paper, Packed in a cardboard box, Mailing bag made with plant-based ingredients	-

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BRANDS AND PRODUCTS	PRODUCT COMPOSITION	COUNTRY OF MANUFACTURE
- Super Plus Applicator Tampons	<p>Tampon: Organic cotton absorbent core, Organic cotton veil to prevent fibre shedding, No fragrance, rayon or chlorine bleach</p> <p>Applicator: Biodegradable cardboard applicator</p> <p>Packaging: Tampons individually wrapped in paper, Packed in a cardboard box, Mailing bag made with plant-based ingredients</p>	-
- Medium Non-Applicator Tampons	<p>Tampon: Organic cotton absorbent core, Hypoallergenic security veil to prevent fibre shedding, No fragrance, rayon or chlorine bleach</p> <p>Packaging: Tampons individually wrapped in polypropylene film, Packed in a cardboard box, Mailing bag made with plant-based ingredients</p>	-
- Super Non-Applicator Tampons	<p>Tampon: Organic cotton absorbent core, Hypoallergenic security veil to prevent fibre shedding, No fragrance, rayon or chlorine bleach</p> <p>Packaging: Tampons individually wrapped in polypropylene film, Packed in a cardboard box, Mailing bag made with plant-based ingredients</p>	-
- Super Plus Non-Applicator Tampons	<p>Tampon: Organic cotton absorbent core, Hypoallergenic security veil to prevent fibre shedding, No fragrance, rayon or chlorine bleach</p> <p>Packaging: Tampons individually wrapped in polypropylene film, Packed in a cardboard box, Mailing bag made with plant-based ingredients</p>	-
- Light Flow Pads	<p>Pads: Organic cotton absorbent core and cover (0% plastic against skin), Secure biodegradable backing with non-toxic adhesive, No fragrance, deodorants, wood pulp or chlorine bleach</p>	-

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	Packaging: Pads wrapped individually in biodegradable and compostable biofilm, Packed in a cardboard box, Mailing bag made with plant-based ingredients	
- Medium Flow Pads	Pads: Organic cotton absorbent core and cover (0% plastic against skin), Secure biodegradable backing with non-toxic adhesive, No fragrance, deodorants, wood pulp or chlorine bleach Packaging: Pads wrapped individually in biodegradable and compostable biofilm, Packed in a cardboard box, Mailing bag made with plant-based ingredients	-
- Super Flow Pads	Pads: Organic cotton absorbent core and cover (0% plastic against skin), Secure biodegradable backing with non-toxic adhesive, No fragrance, deodorants, wood pulp or chlorine bleach Packaging: Pads wrapped individually in biodegradable and compostable biofilm, Packed in a cardboard box Mailing bag made with plant-based ingredients	-
- Wrapped Cotton Liners	Wrapped liners: Organic cotton absorbent core and cover, Secure biodegradable backing with non-toxic adhesive No fragrance, deodorants, wood pulp, dyes or chlorine bleach Packaging: Liners wrapped in compostable and biodegradable film, Packed in a recyclable cardboard box, Shipped in a plant-based mailing bag	-
- Unwrapped Cotton Liners	Unwrapped liners: Organic cotton absorbent core and cover (0% plastic against skin), Secure biodegradable backing with non-toxic adhesive, No fragrance, deodorants, wood pulp or chlorine bleach	-

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	Packaging: Liners are unwrapped to reduce packaging, Packed in a recyclable cardboard box, Shipped in a plant-based mailing bag (carbon positive and biodegradable)	
- cups	medical grade TPE, Free from BPA, latex, silicone and phthalates comes with an organic cotton drawstring bag	-
WUKA		
- products	Outer – front and back : lenzing MicroModal / Cotton – Medium flow Outer – sides : Polyester Inner layer 1 : PUL Inner layer 2 : Absorbent fabric blend	WUKA period pants are designed in UK and manufactured in China
YOPPIE		
- Tampons	Tampon : 100% certified organic cotton tampon & woven cord Wrapper : Recycled plastic	Products made in the UK & Spain
- pads and liners	Core : 100% certified organic cotton - no additives Topsheet : 100% certified organic cotton woven topsheet Backing : biodegradable & waterproof adhesive polymer Wrapper : biodegradable film made with cornstarch	Products made in the UK & Spain

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&SISTERS		
- naked tampons	100% organic cotton fibres and thread Recyclable clear polypropylene (PP5) film wrap	-
- eco-applicator tampons	100% organic cotton fibres and thread, biodegradable cardboard applicator wrapped up in recycled paper	-
- liners	73% organic cotton and 27% biodegradable biopolymer derived from corn-starch (the waterproof back sheet) biodegradable cornstarch 'bioplastic wrappers	-
- pads medium	82% organic cotton and 18% biodegradable biopolymer derived from corn-starch (the waterproof back sheet) biodegradable cornstarch 'bioplastic wrappers	-
- Pads Heavy	83% organic cotton, 17% biodegradable biopolymer derived from corn-starch (the waterproof back sheet) biodegradable cornstarch 'bioplastic wrappers	-

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- nudie cup	100% medical-grade silicone	-

TIPS - WHEN BUYING A PRODUCT PAY ATTENTION TO:

No matter what it says on the label, nothing should be flushed down the loo except the three Ps; pee, poo and paper and of course, period blood.

Reusable:

- the materials used in all the layers of the pads/liners, especially the one in contact with your skin and the back layer

Disposable:

- The composition of the veil / outermost layer in tampons, and also string
- All the layers in the pads/liners and especially the one in contact with your skin and the back layer
- Don't forget to pay attention to the wrappers and packing
- Watch out for products with bioplastic

Disclaimer: All information in this guide has been collated to the best of our knowledge through desk research, with information collected from what is publicly available on manufacturers' websites. We welcome requests to modify this document to ensure

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information remains accurate and up-to-date. We thank several of our Environmenstrual Coalition partners who have collaborated with Wen in the production of this certification guide.

*Links to various Environmenstrual Coalition partners websites included in this guide, can be found here:

<https://www.wen.org.uk/coalition/>

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