

ALREADY MADE THE SWITCH?

Make your own **Periodic Table** - calculate your Environmenstrual impact :)

BEFORE SWITCHING TO REUSABLES/PLASTIC-FREE PRODUCTS

AFTER SWITCHING TO REUSABLE/PLASTIC-FREE PRODUCTS

I used <input type="text"/> products per cycle	I used <input type="text"/> products per cycle
On average, I spent £ <input type="text"/> per cycle	On average, I spent £ <input type="text"/> per cycle
<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>

Since switching to sustainable products, I have saved £

Since switching to sustainable products, I have saved menstrual items from going to landfill.

We'd love to see your Periodic Tables! Take a screenshot of this table and tag Wen (wen_uk on Twitter and Instagram)

*Thanks to our bloody awesome Environmenstrual Ambassador @sustainable.ideas for this amazing table idea!