## GROWING CALENDAR

|  |  |  |  |  |  |  |  |  |  |  |  |  |
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| PLANT | JAN | FEB | MAR | APR | MAY | JUN | JUL | AUG | SEPT | OCT | NOV | DEC |
|  | I | II | III | IV | V | VI | VII | VIII | IX | X | XI | XI |
| Artichoke |  |  |  |  |  |  |  |  |  |  |  |  |
| Aubergine |  |  |  |  |  |  |  |  |  |  |  |  |
| Basil |  |  |  |  |  |  |  |  |  |  |  |  |
| Bean, Broad |  |  |  |  |  |  |  |  |  |  |  |  |
| Bean, French |  |  |  |  |  |  |  |  |  |  |  |  |
| Bean, runner |  |  |  |  |  |  |  |  |  |  |  |  |
| Beetroot |  |  |  |  |  |  |  |  |  |  |  |  |
| Broccoli |  |  |  |  |  |  |  |  |  |  |  |  |
| Brussels sprouts |  |  |  |  |  |  |  |  |  |  |  |  |
| Cabbage (spring) |  |  |  |  |  |  |  |  |  |  |  |  |
| Cabbage (summer) |  |  |  |  |  |  |  |  |  |  |  |  |
| Cabbage (winter) |  |  |  |  |  |  |  |  |  |  |  |  |
| Carrot |  |  |  |  |  |  |  |  |  |  |  |  |
| Cauliflower |  |  |  |  |  |  |  |  |  |  |  |  |
| Celeriac |  |  |  |  |  |  |  |  |  |  |  |  |
| Celery |  |  |  |  |  |  |  |  |  |  |  |  |
| Chard |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicory |  |  |  |  |  |  |  |  |  |  |  |  |
| Chili |  |  |  |  |  |  |  |  |  |  |  |  |
| Chives |  |  |  |  |  |  |  |  |  |  |  |  |
| Coriander |  |  |  |  |  |  |  |  |  |  |  |  |
| Cucumber |  |  |  |  |  |  |  |  |  |  |  |  |
| Fennel |  |  |  |  |  |  |  |  |  |  |  |  |
| Jerusalem Artichoke |  |  |  |  |  |  |  |  |  |  |  |  |
| Kale |  |  |  |  |  |  |  |  |  |  |  |  |
| Kohl Rabi |  |  |  |  |  |  |  |  |  |  |  |  |
| Leek |  |  |  |  |  |  |  |  |  |  |  |  |
| Lettuce |  |  |  |  |  |  |  |  |  |  |  |  |
| Marrow |  |  |  |  |  |  |  |  |  |  |  |  |
| Mustard |  |  |  |  |  |  |  |  |  |  |  |  |
| Onion |  |  |  |  |  |  |  |  |  |  |  |  |
| Parsnip |  |  |  |  |  |  |  |  |  |  |  |  |
| Pea |  |  |  |  |  |  |  |  |  |  |  |  |
| Pepper |  |  |  |  |  |  |  |  |  |  |  |  |
| PLANT | JAN | FEB | MAR | APR | MAY | JUN | JUL | AUG | SEPT | OCT | NOV | DEC |
| Potato |  |  |  |  |  |  |  |  |  |  |  |  |
| Radish |  |  |  |  |  |  |  |  |  |  |  |  |
| Rocket |  |  |  |  |  |  |  |  |  |  |  |  |
| Spinach |  |  |  |  |  |  |  |  |  |  |  |  |
| Swede |  |  |  |  |  |  |  |  |  |  |  |  |
| Sweetcorn |  |  |  |  |  |  |  |  |  |  |  |  |
| Tomato |  |  |  |  |  |  |  |  |  |  |  |  |
| Turnip |  |  |  |  |  |  |  |  |  |  |  |  |
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Sowing INDOOR or UNDER COVER (20-25ºC )

Sowing OUTDOOR or Planting OUT SEEDLINGS

HARVESTING

Before sowing seeds read carefully the instructions on the packet.

Some varieties can have different time for sowing and harvesting, sometimes they are called “early variety” or “late variety”,“second cropping”, “winter variety”: it refers to the harvesting time that can be earlier or later during the year.

Some brand use roman number to indicate calendar’s month (e.g. III -IV means

March-April)

Some seeds can be started INDOOR and then transplanted OUT when the weather is warmer and the seedlings are well developed.

Some plants need 2 years to be harvested, you can sow them in Autumn and wait for the next Spring-Summer for harvesting.

Some plants can be ready to harvest in just 2 months from sowing, you can have a second sowing or plan to have some other vegetable later in the year.